

# Southern Regional High School

## Academic Planning Night

February 18, 2026





# Welcome Class of 2030

Mr. Medica

- **Introductions and Thank yous**
  - **Differences between the MS and HS**
    - Same – Schedules, Periods, Motto
    - Difference – Size, Levels, Electives, Clubs, Sports, Activities
      - Credits and Transcripts
  - **Choices** – JROTC/Art/Business/Family and Consumer  
Science/Performing Arts/Shops/TV Production
  - **Dual Credit Opportunities**
    - 22 Classes offer Stockton credits/3 classes offer OCC Credits
    - Extra Curriculars
      - Over 60 Clubs / Over 30 NJSIAA sports
  - **Personal Experiences**
  - **See you in August** – Freshman Orientation
  - **Mr. Reilly** – Lead Guidance Counselor
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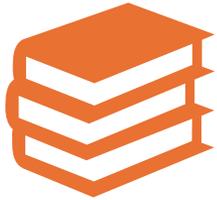
# New Jersey Graduation Requirements

	<b>Graduation Requirements</b>
<b>English</b>	4 years (20 credits)
<b>Mathematics</b>	3 years (15 credits including Algebra, Geometry and a 3rd year of math)
<b>Science</b>	3 years (15 credits) of lab science including Biology and Chemistry, Environmental Science or Physics
<b>Social Studies</b>	3 years (15 credits) including World History, US History I and US History II
<b>World Language</b>	1 year (5 credits) in world languages
<b>Physical Education &amp; Health</b>	4 years (20 credits)
<b>Practical Arts</b>	1 year (5 credits) in 21 <sup>st</sup> century life & careers, or career & technical education
<b>Visual &amp; Performing Arts</b>	1 year (5 credits) in visual and performing arts
<b>Financial Literacy</b>	1/2 year (2.5 credits) in financial, economic, business, and entrepreneurial literacy

# Credits

<b>Grade Level</b>	<b>Credits Needed</b>
Sophomore	25
Junior	55
Senior	85
Graduate	120

# 9<sup>th</sup> Grade Course Schedule



## Recommended Courses

English 9  
World History  
Algebra I or Geometry  
Geophysical Science or Biology  
Physical Education/Health 9



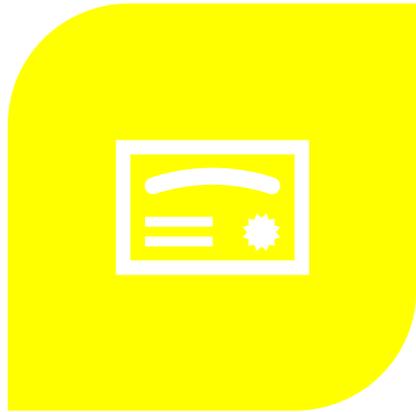
## Elective Choices

World Language  
Elective Course



## Lunch

# Course Levels



**HONORS**



**ADVANCED**



**GENERAL**

# English & Social Studies Placement Criteria



1<sup>st</sup> Semester English Grade



1<sup>st</sup> Semester Social Studies Grade



English Teacher Recommendation



Social Studies Recommendation



7<sup>th</sup> grade NJSLA ELA Score

# Math & Science Placement

Current Math Course	High School Math Placement	High School Science Placement
General Math 8*	Algebra I	Geophysical Science
Advanced Algebra I**	Advanced Geometry	Advanced Biology
Honors Algebra I	Honors Geometry	Honors Biology

\*General Math 8 teachers may recommend select students to be placed in Advanced Algebra I and Advanced Geophysical Science

\*\*Advanced Algebra I teachers may recommend select students to be placed in Honors Geometry and Honors Biology

# Waiver Process

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To request a change in your child's placement for 9th grade, please email your child's middle school guidance counselor.

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For additional questions, please contact Jeff Reilly at [jreilly@srsd.net](mailto:jreilly@srsd.net) in the high school guidance office.

# Grade 9 English

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English I

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Advanced English I

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Honors English I

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Summer Assignment: All students must complete a summer reading assignment. Information will be provided at a student meeting in May and on our website.

# Grade 9 Social Studies

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World History

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Advanced World History

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Honors World History

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AP World History: Modern

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Summer Assignment: Students enrolled in Honors and AP will have a summer assignment. Information will be provided at the student meeting in May and on our website.

# Grade 9 Math

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Algebra I

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Advanced Algebra I

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Advanced Geometry

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Honors Geometry

# Grade 9 Science

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Geophysical Science

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Advanced Geophysical Science

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Advanced Biology

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Honors Biology

# Grade 9 Physical Education & Health

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Project Adventure (1 MP)

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Team & Individual Sports (2 MPs)

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Health 9 (1 MP)

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\*Students taking Biology will have PE/Health 4 days per week.

# Grade 9 World Languages

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French I

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German I

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Japanese I

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Latin I

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Spanish for Communication

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Spanish I

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Spanish II (Prerequisite: Spanish I)

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Heritage Spanish I

# Grade 9 Elective Choices

Photographics  
Power Mechanics  
Woodworking  
Architecture  
Computer-Aided Design  
Metalwork  
Digital Technologies  
Art Fundamentals  
Painting & Drawing I  
Sculpture I  
Pottery I  
Hand-Built Pottery I  
Microsoft Office  
Topics in Business  
Fundamental Foods  
Creative Baking

Child Development I  
Clothing Construction I  
AP Computer Science  
Principles  
Select Symphonic Band  
Wind Ensemble  
String Orchestra  
Concert Choir  
Theatre Arts  
Theatre Dance  
JROTC I  
Engineering  
Intro to TV Production

\*Promotional [videos](#) are available on the website for some of the elective courses.

# AP Courses

AP Biology

AP Calculus I

AP Calculus II

AP Chemistry

AP Comparative

Government

AP Computer Science A

AP Computer Science

Principles

AP Language &

Composition

AP Literature &

Composition

AP European History

AP Microeconomics

AP Music Theory

AP Physics 1

AP Physics 2

AP Psychology

AP Spanish Language

AP Statistics

AP Studio Art

AP US Government &  
Politics

AP US History

AP World History:  
Modern

# Stockton Dual Credit

Advanced Pre-Calculus

Honors Pre-Calculus

Honors Calculus

AP Calculus I

AP United States History  
II

French III

Honors French IV

German III

Honors German IV

Latin III

Honors Latin IV

Spanish III

Honors Spanish

Theatre Arts

Tomorrow's Teachers

Anatomy & Physiology

News Broadcasting

Topics in Business

Small Business  
Management

Ocean  
County  
College  
Dual Credit

College Algebra

Marine Biology

Communication Concepts

# Ocean County Vocational Technical Schools

## Shared Time Programs (part-time)

- Grades 11 and 12
  - Students apply the year before enrollment
- Seats are limited

Go to

<https://www.ocvts.org/sharedtime>  
to see a full list of programs

# Club & Activities

- 3-D Printing Club
- Academic Competition Club
- Academic Decathlon/Math Club
- Amigas Latinas Club
- Amnesty International
- Archery Club
- Art Club
- American Sign Language Club
- Astronomy Club
- Back to Nature Club
- Bible Study Club
- Book Club
- Business Club
- Chess Club
- Climbing Club
- Club America
- David's Dream & Believe
- DECA
- Décor for Cause
- Dungeons & Dragons
- Education Across the Globe
- E-Sports Club
- FCCLA
- Future Educators Association
- Fellowship of Christian Athletes
- Fishing Club
- French Club
- German Club
- Japanese Club
- Latin Club
- Spanish Club
- Gender Equality Club

# Clubs & Activities

- GSA
- Health & Science Club
- Interact
- Intergenerational
- International Thespian Honor Society
- Jewelry Club
- Junior Statesman
- Key Club International
- Lego Club
- Mock Trial
- Model UN
- Morgan's Message Club
- Movie Club
- National Honor Society
- Newspaper
- Pawsitive Partners Club
- Peer Leadership
- Photography Club
- Pickleball Club
- Radio Club
- Robotics Club
- SADD
- Skateboarding Club
- Ski/Snowboard Club
- Soldier Support Club
- Southern Stitches
- SPARK
- Student Council
- STYLE
- Varsity Club
- Video Gaming Club
- Yoga Club

# Events

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Fall Pep Rally

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Homecoming Dance

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Clash of the Rams

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Variety Show

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Powderpuff

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Dodgeball

Performing  
Arts  
Activities

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Marching Band

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Indoor Drumline

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Indoor Guard

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Jazz Ensemble

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Jazz Band

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District Musical

# Athletics

<b>Fall</b>	<b>Winter</b>	<b>Spring</b>
Boys Cross Country	Boys Basketball	Boys Track
Girls Cross Country	Girls Basketball	Girls Track
Boys Soccer	Boys Bowling	Boys Golf
Girls Soccer	Girls Bowling	Girls Golf
Field Hockey	Ice Hockey	Boys Lacrosse
Football	Boys Swimming	Girls Lacrosse
Girls Tennis	Girls Swimming	Baseball
Girls Volleyball	Boys Wrestling	Softball
Gymnastics	Girls Wrestling	Boys Tennis
Sailing	Cheerleading	
Surf Team		

# Athletic Eligibility

Fall & Winter Sports: All grade 9 students are eligible

Grades 10-12: Must pass 30 credits (6 classes) the previous year

Spring Sports: All students must be passing the equivalent of 30 credits (6 classes)

# Honor Societies

National Honor Society



World Language Honor Society



Tri-M Honor Society



Thespian Honor Society

# Parent Portal Instructions

1

Log into the Parent Portal

2

Go to the Scheduling tab

3

Review teacher recommendations

4

Click Requests

5

Below the World Language Subject Area, click the Request a course link to view the available courses for your grade level. Pick ONE.

6

Below the Elective Subject Area, click the Request a course link to view the available courses for your grade level. Pick FOUR.

# Questions

If you have questions about scheduling, please contact your child's middle school guidance counselor.

